

BRONZE COACHING PACKAGE.

If you are serious about the progressing your golf game, reducing your handicap and enjoying a better standard and quality of golf then the Bronze package may be suited to you. This is a twelve week programme that will enable you to engage in all aspects of the game. Two sessions will be given each week, with additional hours planned when playing the course.

This programme can be taken only on an individual basis and full details of the entire programme and price can be found by contacting Justin Griffiths.

SILVER COACHING PACKAGE.

This programme is a step up from the Bronze and requires an additional four weeks. A more indepth analysis will be provided throughout, requiring the student to attend three sessions each week (not necessarily on separate occasions). The course will touch upon mental and physical strategy, applying more technical advice to enhance and prolong your game.

Again this programme can only be taken on an individual basis. Please contact Justin to arrange a meeting where the content and structure of the programme can be discussed.

GOLD SEASON LONG PACKAGE.

This package will provide the most in depth personal one to one programme I offer. Physical, mental, technical and strategical coaching will be given in a package tailored for you. We will determine time and place by interacting to find the appropriate balance to ensure by the completion of the season we have achieved the goals set. You must be dedicated and serious in what you want to achieve to even think about taking this programme.

This is most definitely an individual package and one that will provide you the opportunity to forfill your true potential in golf. Please contact Justin to arrange a meeting where the content and structure of the programme can be discussed.

Contact:

Phone: +371 28754007

E-mail: griffithsjustin7@gmail.com